

# Sleep2Treat Workshop

UBC Robson Square – Theater; Friday, September 27<sup>th</sup> 6:00-10:00 pm

## Consequences of Sleep Problems in Children with Neurodevelopmental Conditions: How to improve Clinical Outcomes?

Topic	Time
<b>Welcome and Introduction</b> <ul style="list-style-type: none"> <li>Kirsten Graham, Parent Advocate, Children’s Sleep Network</li> <li>Dr. Osman Ipsiroglu, Children’s Sleep Network &amp; BC Children’s Hospital/ Sunny Hill Health Center for Children</li> </ul>	6:00-6:15 pm
<b>The Consequences of Chronic Sleep Deprivation</b> <ul style="list-style-type: none"> <li>Dr. Karen Spruyt, Neurophysiology, Vrije University, Belgium (Peter Wall Institute for Applied Studies, International Visiting Scholar).</li> </ul>	6:15-7:00 pm
<b>Pharmacogenomics: Behavioural Adverse Drug Reactions</b> <ul style="list-style-type: none"> <li>Dr. Bruce Carleton, Pharmaceutical Outcomes Program, BC Children’s Hospital</li> </ul> <b>Ethics &amp; Policy</b> <ul style="list-style-type: none"> <li>Dr. Lori d’Agincourt-Canning, ethicist at BC Children’s Hospital</li> </ul> <b>Sleep Problems of Children with Autism Spectrum Disorders</b> <ul style="list-style-type: none"> <li>A representation of ACT-Autism Community Training</li> </ul>	7:00-7:30 pm
<b>Stakeholder Discussion: <i>Our Needs, Our Ideas &amp; Our Suggestions</i></b> <ul style="list-style-type: none"> <li>Dawn McKenna (Down Syndrome Research Foundation)</li> <li>Lori Eisenhauer (IDIC 15)</li> <li>Dr. Julie Petrie (Western Association of Infant Mental Health)</li> <li>Wanda Schellenberg (Rare Disease Foundation)</li> <li>Dr. Jennifer Baumbusch (UBC School of Nursing)</li> <li>Dr. James Reynolds (King University, NeuroDevNet FASD Demonstration Project)</li> </ul>	7:30-9:30 pm

Saturday, September 28<sup>th</sup>, 8:30 am – 12:15 pm

## How to Screen for Chronic Sleep Problems? How to Structure the Public Discussion

<b>Introducing: Vancouver Polar-BEARS Sleep/Wake Behaviours App (BEARS-SWAPP)</b> <ul style="list-style-type: none"> <li>Dr. Osman Ipsiroglu and Dr. Karen Spruyt</li> </ul>	8:30-9:00 am
<b>ADHD Workshop: Networking for a Sleep Health Policy Prior to Starting Psychotropic Substances</b> <ul style="list-style-type: none"> <li>Moderated by Kirsten Graham (Children’s Sleep Network), Jen Garden (Occupational Therapist, Capilano University)</li> </ul>	9:00-11:30 am
<b>Down Syndrome Workshop: Networking for Implementation of Sleep Assessments &amp; nCPAP-Treatments</b> <ul style="list-style-type: none"> <li>Moderated by Ms. Pat Hanbury (Down Syndrome Research Foundation), Les Matthews (Provincial Respiratory Therapy Program, Thomson Rivers University)</li> </ul>	9:00-11:30 am
<b>Autism Spectrum Disorder and other Neurobehavioural Conditions Workshop: Networking for Establishing Outcome Measures</b> <ul style="list-style-type: none"> <li>Moderated by Dr. Julie Petrie (Western Association of Infant Mental Health).</li> </ul>	9:00-11:30 am
<b>Behavioral Sleep Problems for Healthy Children: Networking for Developing Access by Parents</b> <ul style="list-style-type: none"> <li>Moderated by Dr. Wendy Hall (UBC School of Nursing).</li> </ul>	9:00-11:30 am
<b>Your Story May Change Health Care: <i>Speaker’s Corner. Share Your Story via the Web!</i></b>	9:00-11:30 am
<b>Summary &amp; Suggested Action Plan presented by Moderators</b>	11:30 am -12:15 pm